AIR MAIL





# ACCESSIBLE MADRID







# MEDIEVAL CITIES AND GREENWAYS

www.greenways4all.org















# MEDIEVAL CITIES AND GREENWAYS

# AVILA, SALAMANCA, VISEU AND DO DAO GREENWAY

Discover two of the best preserved medieval cities in Spain and enjoy a relaxing experience on the renewed Do Dao greenway. This is a four-day trip from Madrid to Avila, Salamanca and (Do Dao greenway) in Portugal. We will travel in a wheelchair accessible vehicle with air conditioning and with guide to the wonderful walled city of Avila. Avila is a World Heritage Site by the UNESCO. We will discover the main attractions of Avila, including its cathedral-fortress and the Basilica of San Vicente. We will visit the city of Salamanca (declared a World Heritage Site by UNESCO), a city built with sandstone and famous for its 12th century University. We will admire the wonderful Plaza Mayor, the facade of the entrance of the university and other Points interest.

Finally we will enter in Portugal to enjoy and discover the relaxing Do Dao greenway. This greenway (an old disused railway line turned into a non motorized and accessible path) is one of the most beautiful places to visit in central Portugal. There are plenty of things to do there. A visit to the city of Viseu is a must.

#### **TOUR DETAILS**



TRANSPORTATION: Wheelchair Accessible Van



TOUR DURATION: 4 nights (5 days)



OPERATED: all year round



MEETING POINT: To be confirmed by the client



MAXIMUM NUMBER OF PEOPLE: 6 people



€ PRICE:

2.930 EUR for 1-2 people 3.685 EUR for 3-4 people 4.480 EUR for 5-6 people

For larger groups please ask us for special prices.

# **TOUR CONDITIONS**

# The price includes:

- 4 nights at 4\* hotels (breakfast included)
- Staff available 24h during your trip
- -Transfers in private Wheelchair Accessible Vehicles
- Gastronomic experience with local products
- Guides and tickets for selected attractions
- Liability insurance
- -Lunch at Cota Máxima restaurant

# The price does not include:

- Snacks and drinks
- Shows
- Additional services
- Gratuities



More information and online booking at: www.accessiblemadrid.com







# Avila: The cradle of Sta. Teresa

Our journey begins with a stop at Los Cuatro Postes hill to admire the panoramic views of the city of Avila, dotted with church towers and Gothic palaces and declared "World Heritage" by UNESCO. Avila is a very important pilgrimage site as it is the birthplace of the writer Santa Teresa de Jesús (1515-1582). We will wander through the old city contemplating the amazing variety of churches and the Romanesque and Gothic styles of Avila. This tour will take us to the Basilica of San Vicente. Finally we will visit the Cathedral of Avila: A perfect combination of Gothic and Romanesque



# **TOUR HIGHLIGTHS**

St. Vincent basilica

Walls

Sta. Teresa convent

Cathedral

Panoramic view



# Virtuous Salamanca

We will visit the Plaza Mayor and the cathedral complex; The Historical Building of the University, in whose facade one must find a figure of a frog; At our own pace we will admire the so known "Casa de las Conchas", famous for its facade decorated with hundreds of shells and a the beautiful cloister; Right after we will contemplate the Clergy and Pontifical University, both located just opposite. After this pleasant walk we stop to rest and gather some strength. Salamanca has an excellent creative cuisine using local products. There are dozens of excellent restaurants in the city with a quality offer.



Main square

New and old Cathedral

University

Shell's house

Roman bridge

Lis house

St. Esteban convent

Calixto and Melibea orchard

Emblematic squares and churches



# Viseu and Ecopista Do Dao

Once in Portugal, there is nothing like starting your visit through historical town center. From Rossio the visitor can find several narrow streets (typical medieval layout). It is worth visiting and discovering houses from the sixteenth century with their gargoyles and gothic window frames. The ecopista connecting the cities of Viseu, Tondela and Santa Comba Dão is a very interesting and beautiful tour surrounded by natural landscape. This was the old railway line of Dão. The visitor has the chance to see the old trains, roman roads and bridges, the Ortigueira bridge designed by Eiffel and the charming village of Mosteirinho.

# **TOUR HIGHLIGHTS**

Ecopista do Dao

Santa Comba do Dao

Ortigueira Bridge

The historical old quarter of Viseu

Grao Vasco Museum

Wine Museum

Cathedral Square

San Francisco church

Famous squares







Day 1: Departure from the hotel at 9:00am in Madrid heading the city of Avila. Visit to the 11th century walls surrounding the city of Avila. We will observe how the 90 fortified towers and circular turrets seem fresh out of a story. We will visit this city during the whole day making a stop to eat. In the afternoon we will continue our way to Salamanca. Night in Salamanca

Day 2: After breakfast we will visit the medieval city of Salamanca. This city is also a UNESCO world heritage city, best known for its 12th century university and its wonderful medieval and baroque architecture. For lunch we will make a stop in a nice restaurant. In Salamanca, there are many traditional restaurants, with good quality, where they use local products. In the afternoon we will continue our trip to the Viseu - Dao Lafoes region in Portugal.

Day 3: In the morning we will travel to Tondela and we will cross the greenways heading Santa Comba do Dao bathed by the Albufeira. We will also cross the bridge of the Granjal to see the beautiful landscape with huge granite stones. Then we will visit the town of Santa Comba Do Dao, where we will stop for lunch in a restaurant next to the river with beautiful views.

Day 4: We will make the most of the day visiting Viseu and its old guarter center full of medieval streets and traditional stores. Then we will visit his wine museum since Viseu is the heart of the wine region of Dão, known for its remarkable wines that seduce the palates of all the world.

Day 5: Return to Madrid, transfer to the airport / railway station. End of our services.







Once you are in Viseu and you follow the indications to the old quarter, you will be approaching the Pousada Viseu without knowing. Clean streets, well-kept houses and beautiful manicured gardens increase the feeling of well-being and tranquility. Once you find the old hospital street, the bewilderment increases. This old hospital, has been completely renovated and adapted in 2009 by the architect Gonçalo Byrne. The magnificent Pousada Viseu is an exclusive historic inn offering the finest quality accommodation and service for the most discerning guests

Over 200 years later, the Charm Pousada's grand open spaces, minimalist contemporary furnishings and striking architectural details reflect the impressive workmanship required to remodel the building. Unique features include a captivating atrium surrounded by cloisters and a luxurious spa complex - The Pousada offers pool service, restaurant, bar and free Wi-Fi. Wheelchair adapted room with roll-in shower.









# **Terms & Conditions**



#### **OUR TOURS**

Cancellation policy: 85% refund with at least 15 days notice, 50% refund with at least 4 days notice, no refund with less than 4 days notice.

In those Tours or Packages with airline, boat or train tickets reservations, the customer will pay the entire cost the service. Also applicable for Hotel with non refundable rate.

Not included: snack/meals and gratuities



#### **PAYMENT METHOD**

To make a reservation, please make a payment of 50% by bank transfer to:

MOVILIDAD AMPLIADA S.L. ES27 0049 6757 58 2916227458 BANCO SANTANDER CODIGO SWIFT: BSCHESMM

Once you have completed the payment, send us an email to: info@accessiblemadrid.com







Contact persons at Accessible Madrid:

Arturo Garrido: +34694473663 / +34694473663

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Telephone numbers of interest:

Police: 112

Emergencies / Ambulance: 061



More information and online bookings at: www.accessiblemadrid.com



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